

Alternative Careers in Nursing

Exercise 4-3 Identifying Your Needs

Read the following list of 25 needs and check those that are most essential to you. Then rank those selected, beginning with 1 (one) as the most essential. If you have particular needs other than those listed, space is provided at the end of the list for you to write them. Include any additions in your priority rating.

Needs

Priority rating

- | | |
|--------------------------------------|-------|
| 1. Independence | _____ |
| 2. Self respect | _____ |
| 3. Being well-known | _____ |
| 4. Creativity | _____ |
| 5. Beauty | _____ |
| 6. Money | _____ |
| 7. Orderliness | _____ |
| 8. Belonging | _____ |
| 9. Pleasure | _____ |
| 10. Insight | _____ |
| 11. Intelligence | _____ |
| 12. Giving and receiving love | _____ |
| 13. Intimacy | _____ |
| 14. Physical vitality | _____ |
| 15. Altruism | _____ |
| 16. Being praised | _____ |
| 17. Excitement | _____ |
| 18. Sense of accomplishment | _____ |
| 19. Meaningful work | _____ |
| 20. Being good at something | _____ |
| 21. Ability to handle inner feelings | _____ |
| 22. Genuineness | _____ |
| 23. Continual self-development | _____ |
| 24. Secure and stable future | _____ |
| 25. Spirituality | _____ |
| _____ | _____ |
| _____ | _____ |
| _____ | _____ |